HOW TO ORGANIZE YOUR LIFE: BEST TIPS OUT THERE

- 1. Get rid of what's holding you down
- 2. Start writing things down
- 3. Make an intention to be organized
- 4. Use one to-do list for everything
- 5. Have a waiting list for to-dos
- 6. Do weekly planning
- 7. Plan your goals
- 8. Align your priorities and goals
- 9. Use a printed calendar
- 10. Manage distractions
- 11. Have a self-care routine
- 12. No multitasking
- 13. Do time tracking
- 14. Don't plan back-to-back
- 15. Declutter your bag
- 16. Do your laundry weekly
- 17. Organize your closet
- 18. Wash dishes right away
- 19. Clean up your desk
- 20. Declutter your PC
- 21. Declutter your emails

- 22. Organize cloud files
- 23. Put things back
- 24. Have a clock in the bathroom
- 25. Start meal planning
- 26. Rething eating habits
- 27. Improve your sleep
- 28. Fight bad habits
- 29. Switch your mindset
- 30. Shop mindfully
- 31. Organize your finances
- 32. Sort your documents
- 33. Have an emergency kit
- 34. Have a birthday calendar
- 35. Manage relationships
- 36. Automate and outsource
- 37. Schedule things in advance
- 38. Plan your weekends
- 39. Be a good communicator
- 40. Make to-dos shorter
- 41. Do small tasks right away

