

HOW TO LEARN FASTER

1. Put on the student hat
2. Don't look for shortcuts and lifehacks
3. Work on your attention span gradually
4. Come up with a tangible goal
5. Have a set time and place for studying
6. Be consistent
7. Remove and avoid distractions
8. Get enough sleep
9. Create a study framework
10. Practice what you've learned
11. Take notes and write things down
12. Repeat the material out loud
13. Ask questions
14. Find your own learning path
15. Use social accountability
16. Learn from your experience
17. Manage your energy, not the time
18. Start enjoying the study process